

Inspiration to Movement, Inc



THE SCHOOL  
Orientation Handbook

1004 Parsons Ave.

Columbus, OH 43206

614-253-6683

[www.inspirationtomovement.com](http://www.inspirationtomovement.com)

# Adult and Children's Ballet

## School Rules:

1. Ballet and Dance students may not touch or "play on" the Pilates equipment in the other room. Absolutely NO unsupervised children should be in the Pilates room at any time. If you do not have a Pilates lesson or class, you may not be in the Pilates room or waiting area.
2. Please do NOT walk on the dance floor with shoes other than dance shoes. Other shoes may damage the dance floor.
3. Waiting Room: Please arrive and go directly to the waiting room. While in the waiting room please try to keep the volume down as much as possible. If any spills or messes do happen, please clean those up promptly as other classes will soon be entering to wait in this room as well. If you cannot clean it up, please at the end of the class, notify the teacher or office staff so that they can clean it up. Thank you.
4. There is no food or drink allowed on the dance floor. Students in the intermediate to pre-professional division may bring water bottles, but they must be kept off the dance floor and in designated areas.
5. **No chewing gum in class.**
6. All dance bags and street clothes must be kept in the waiting room or a designated area given by the teacher.
7. INCLEMENT WEATHER: If there is snow or ice and there is a question if class will be held, please call the studio at 614-253-6683. The main message on the answering machine will have a message if there are cancellations. This announcement could be changed up until 1 1/2 hours before each class time. If the schedule remains the same as usual, the general message will be on the machine. No phone calls from ITM, Inc. will be made to cancel classes.
8. If you or your child will not be in class for the day, **please call** and leave a message so the teacher is not looking for them.
9. If there are any questions that you have for the teacher, please do NOT ask them before or after class. You may ask the class assistant (if there is one for the class) after class. If you need to speak with the teacher, please call the studio to set up a time so that proper attention can be paid to the matter, and the class's time is not taken up by the conversation.

## Tuition:

1. Payments: Monthly payments are due by the 5<sup>th</sup> of the month. If they are not received by the 5<sup>th</sup>, a \$10 late fee will be added. No monthly statements are sent.

Trimester payments are due September 5<sup>th</sup>, January 5<sup>th</sup>, and April 5<sup>th</sup>. If they are paid after this date a \$10 late fee must be added. Payments can either be placed in the payment box or mailed to the address listed above if the student will not be at the studio by the 5<sup>th</sup> of the month.

2. There are no pro-rates for vacations or missed classes due to illness. There are no refunds for pre-pay's if the child decides not to continue in the middle of the year. Snow days will be made up at the end of the year if there are more than 2 in a year. **Enrollment is a year commitment (September - May) for all students.**
3. There is a \$10 registration fee due when you register each year for classes. If you have multiple children registering only one registration fee is due.
4. There is a minimum of 4 students per class for a class to be held. If a class does not have enough students by September 5<sup>th</sup> you will be contacted to reschedule your child to a different class.

## Ballet Etiquette:

1. **Students must arrive on time.** It is disrespectful to the teacher and other classmates as well as disruptive to come late. Things, however, once and a while do happen. If you arrive late, the proper etiquette is that you ask the teacher if you may join the class. The student will then be directed to either warm - up and join the class, or if too much time has lapsed (20 minutes or more) will probably not be permitted to join the class, but be allowed to sit and observe the class, taking notes on what they missed. This is for their own good, as if they try to jump into a class 20 minutes or more into it, the class is already warmed up and the late comer could easily get injured if they try to do things their body is not warm enough to do.

2. Students are not permitted to speak when the teacher is speaking. If there is a question, a hand should be raised and the teacher will call on them.
3. Once in the Ballet and Pre-professional divisions, a new part of class is added. This is called Reverence. This is to show respect for the teacher as well as to thank each other (teacher and students) for a job well done. This is followed by applause.
4. Students ages 8 and up are expected to arrive a little early so that they can warm - up before class. Stretches and strengthening exercises will be shown so that they will continue to further prevent injury from happening.

## **Attire:**

**Absolutely no Cover -ups or sweaters may be worn during class.**

**Creative Movement I and II:** Cap sleeve leotard in **Light Blue only**. Pink tights and ballet shoes.

**Pre-ballet:** Tank leotards in **Light Pink ONLY**. Pink tights and shoes.

**Beginner Ballet - Advanced Ballet (Pre-Pro):** Black leotards only. Pink tights and soft ballet shoes.

**Adults:** may wear any solid color leotard and either pink or black tights. Cover - ups are permitted as well as chiffon skirts.

**Boys:** Men's black tights, white t-shirt (tucked in), dance belt when needed, white or black ballet shoes

## **Hair:**

**Creative Movement and Pre - Ballet -** Hair must be pulled back off the face and neck in a pony tail or bun.

**Ballet 1 through Pre-professional -** hair must be neatly pulled off of the face and neck **in a bun**.

## **Shoes:**

**Creative Movement thru Beg. Ballet Id levels -** leather pink ballet shoes should be worn.

**Ballet II - Advanced (Pre - pro) and adults:** canvas or leather pink ballet shoes. Must be split sole. Pointe shoes when deemed ready.

Tights, Soft shoes, and leotards can be purchased at Inspiration to Movement, Inc.

## **Visitors Day**

For students in Creative Movement I - Advanced Ballet (Pre-pro) division there will be one day designated for parents to come in and watch for the last 10 - 20 minutes of class (depending on level) around Jan/Feb. You are invited to bring cameras this day and take as many still pictures as you would like. Please, no video cameras as content of class are the proprietary interest of Inspiration to Movement, Inc.

## **No Recital!:**

Inspiration to Movement, Inc. is a serious ballet school focused on learning the true ART of dance. Therefore, it is not a recital based school. The focus is put on fully developing the student as an artist.

The last class of the school year (in May) there will be a showing for parents to see what the student has learned in this year. All levels will perform an entire class for the parents. No video taping is allowed. You may take as many pictures as you would like. Ballet 1D and up may be invited to participate in a lecture demonstration at the end of the year to be performed for the younger dancers and parents.

## **Performing Opportunities:**

**Children's Production:** Children ages 8 and up may audition to perform in Oyo Dance Company's Annual Children's Production. Extra rehearsals are required and mandatory if chosen by the audition

**Company Tracking:** By audition only for ages 10 - 18. This is for students that are more serious about dancing and want to possibly pursue a career in dancing. Special Company Tracking Classes are required and Membership dues are separate and in addition to regular school classes. Opportunities to work with Guest Teachers and Choreographers.

**Pre-Professional Apprenticeship:** Ages 15 - 18. By audition and invitation only. These students will have the opportunity to take class with company members as well as having the opportunity to be asked to understudy company members. They also will have performance opportunities.

Extra classes and rehearsals and Membership dues are separate and in addition to regular school classes. Opportunities to work with Guest Teachers and Choreographers. Preparation to audition for a professional company.

**Professional Company: Oyo Dance Company**

By Audition ONLY. Oyo II and Oyo Dance Company. Multiple performances and works throughout the year. Styles in the company repertoire include, ballet, modern, jazz and ballroom.